

CAT ADOPTION EBOOK

Am I Ready for A Cat

EDUCATIONAL RESOURCES TO
PREPARE YOU FOR CAT ADOPTION



Cat Adoption Ebook Details

Cat adoption should be taken seriously so our feline friends find their forever homes. This ebook will help you determine if you're ready for a cat and prepare you for cat adoption.



Goal 1: Establish why you want a cat and learn why cats are rehomed so the same doesn't happen to your cat.

Goal 2: Understand cat happiness needs so you're prepared.

Goal 3: Ask the shelter questions to find the right cat for you.

Goal 4: Plan next steps to welcome your new family member.

By the end of this ebook you will...

- Understand why it's important that cats find forever homes
- Know how to keep cats happy indoors
- Plan and prepare for a successful adoption
- Welcome your new feline friend home

Why Do I Want to Adopt A Cat

Use the spaces below to brainstorm ideas. Understanding why you want to adopt a cat will help you determine if you are ready.

These sections will also help you find the right cat for you.

Why do cats make me happy?

How can I make this cat's life better?

What do I want to learn about cats?

Reasons Cats Are Surrendered and Rehomed

55%

PET-RELATED

The most common are aggression, destruction, and health problems.

19%

FAMILY-RELATED

The most common are family health troubles and allergies.

14%

HOUSING-RELATED

The most common are landlord and not enough space.

7%

COST-RELATED

The owner could not afford the costs of having a pet.

4%

OTHER

Other reasons not specified.

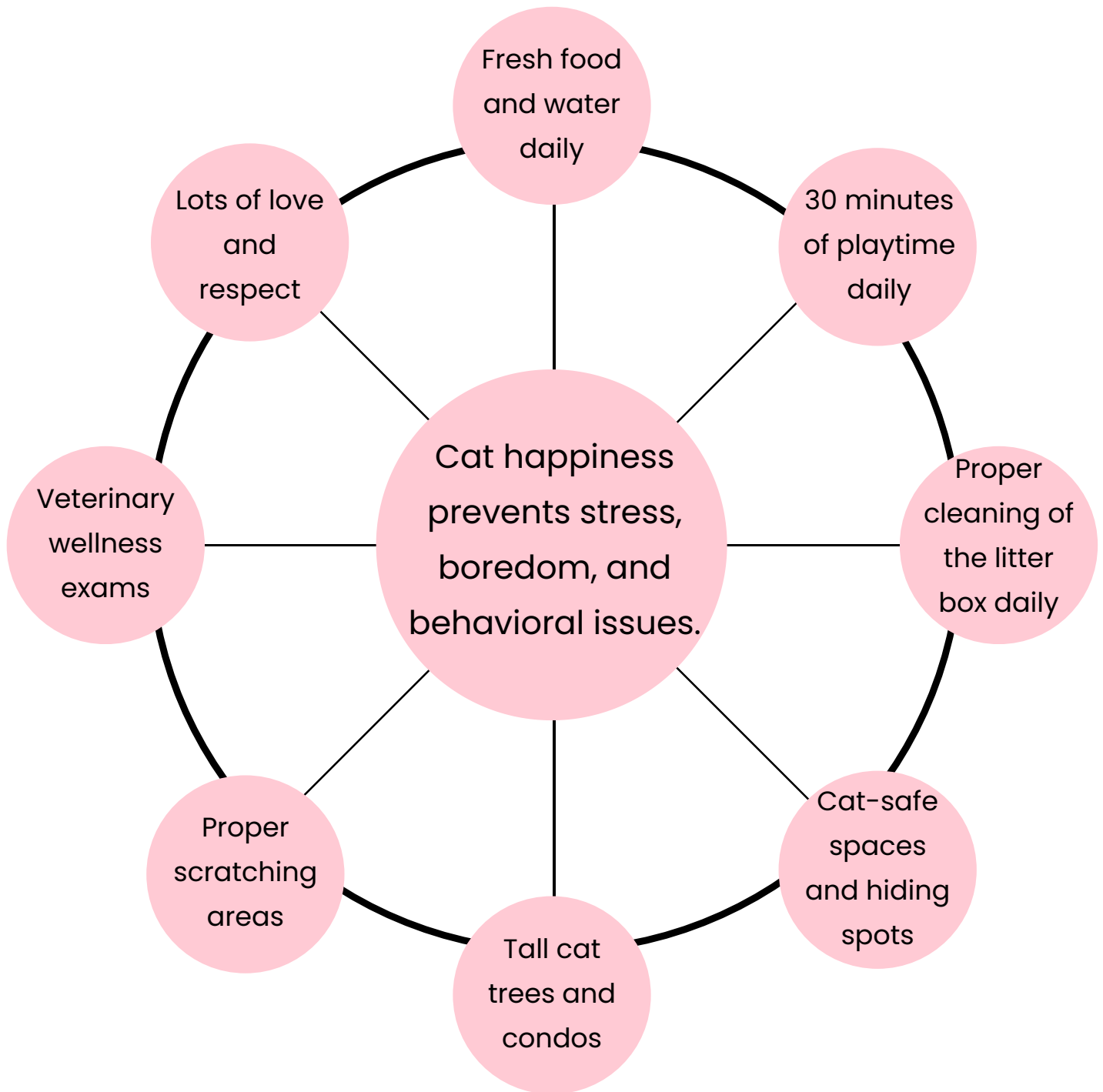
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SCIENTIFIC RESEARCH PUBLISHING

[Click here for report.](#)

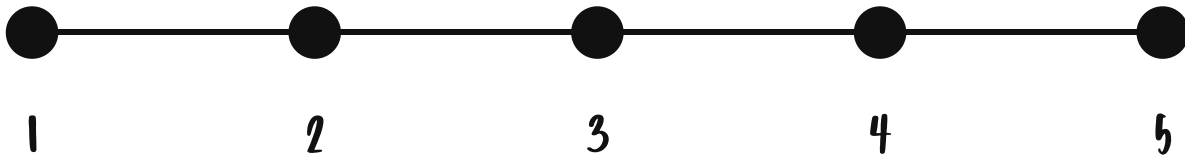
Cat Happiness Needs

Adopting cats saves lives. But only if those cats find their forever homes. Approximately 1,658,025 animals were relinquished and transferred to animal shelters in 2018.



Before adopting a cat, it's important to realize that this animal comes with big responsibility.

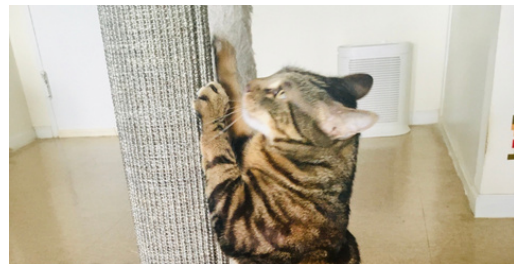
5 Facts You Didn't Know About Cats



1 Cats are territorial creatures. They see your home as their territory.



2 Scratching is a natural behavior in all cats. It's a stress reliever.



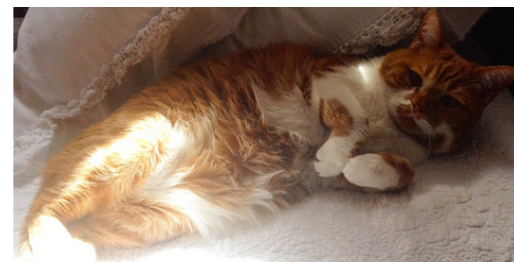
3 Most cats don't like to be picked up. They prefer to have all paws on a stable surface.



4 Cats are creatures of habit and thrive on routine. They get stressed very easily.



5 AAFCO does not approve cat food. We must educate ourselves to provide the best diet.



Daily Cat Happiness Checklist

FRESH FOOD AND WATER

It is unsanitary to leave food out all day. Exposure to oxygen turns fats rancid, and exposure to moisture can inhibit mold and bacteria growth. Food and water dishes must be washed and replenished after each meal.

CLEAN LITTER BOX

Cats require a clean bathroom, just like you. Daily scooping and weekly cleaning is ideal. A clean litter box will help prevent behavioral issues, health issues, stress, and fighting among cats.

PLAYTIME

Provide at least 30 minutes of daily playtime broken up into multiple sessions. Playing is healthy exercise, mental stimulation, and a great bonding experience. Playing with toys keeps cats happy and stress-free.

RESPECT

Studies show that cats prefer human interaction to other stimuli such as toys and food. However, it must be done on their terms. Respect your cat's privacy, and do not force interaction. Cats need time and patience to warm up to their new environment.

Cat Happiness Supplies

Primary goals

1. Cats need to climb, scratch, perch, rest, and play. Tall cat trees, scratching posts, and condos are perfect for this.
2. Cats get bored easily so it is best to have multiple toys available on rotation.
3. Clean supplies are absolutely necessary. Cats are sensitive to chemicals. Plastic traps bacteria, even with regular washing.

Cat supplies checklist

- | | |
|--|---|
| <input type="checkbox"/> Tall cat tree or condo - \$50-200 | <input type="checkbox"/> Large litter mat or rug - \$10-20 |
| <input type="checkbox"/> Scratching post or pad - \$30-100 | <input type="checkbox"/> Stainless steel food and water bowls - \$6-15 |
| <input type="checkbox"/> Comfortable beds - \$40 | <input type="checkbox"/> Fresh, species-appropriate cat food - \$35-150/month |
| <input type="checkbox"/> Toys - \$5-20 | <input type="checkbox"/> Healthy cat treats - \$8-14/month |
| <input type="checkbox"/> Stainless steel litter box - \$40 | <input type="checkbox"/> Cat carrier - \$20-40 |
| <input type="checkbox"/> Metal litter scoop - \$12 | <input type="checkbox"/> Veterinary wellness exam and labs - \$200 yearly |
| <input type="checkbox"/> Naturally clumping cat litter - \$22-28/month | <input type="checkbox"/> Emergency fund - \$2,000 |

These costs are approximate to give you an idea of what to expect when you adopt a cat. Keep in mind, cats are part of the family and deserve the best care and supplies possible.

Questions to Ask Before You Adopt

Ask these questions to get to know your cat before you adopt. Use the blank spaces to fill in answers and any questions that fit your specific lifestyle.

Is the cat socialized?	What is the cat's medical history?	How is the cat with people? Children?	How is the cat with other animals?	What is the cat's behavior? Personality?
What are the cat's likes and dislikes?	How did the cat end up here?	Do you recommend adopting a friend?	Can I spend time with the cat in the shelter?	Does the cat have any special needs?

Notes

Am I Ready for a Cat Quiz

Does my home allow cats?

YES

NO

Are my family members clear of cat allergies?

YES

NO

Do I understand what cats need to be happy?

YES

NO

Can I dedicate enough time per day to my cat?

YES

NO

Can I afford to spend around \$300 per month on my cat? Do I have at least \$2k in emergency funds?

YES

NO

Do I have dedicated spaces in my home for my cat's happiness supplies?

YES

NO

Cat Adoption Worksheet

Did you answer "no" to any of the previous questions? Fill out this sheet to accomplish what you need to do before you adopt a cat.

Break down your big goal into mini goals.



mini goal 1

mini goal 2

mini goal 3

Action steps to
achieve mini goal 1

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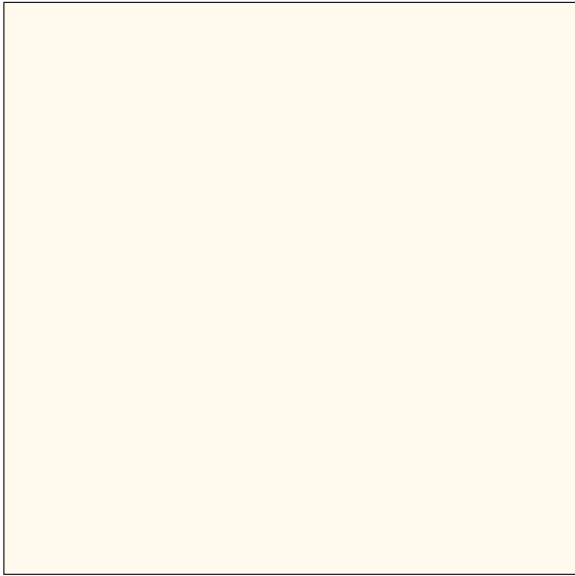
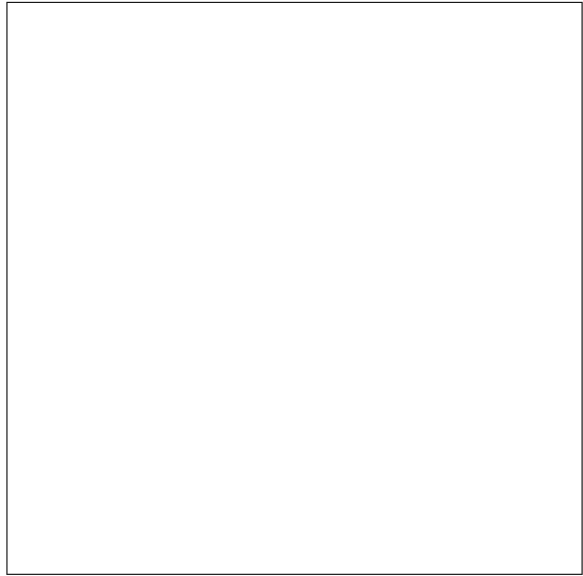
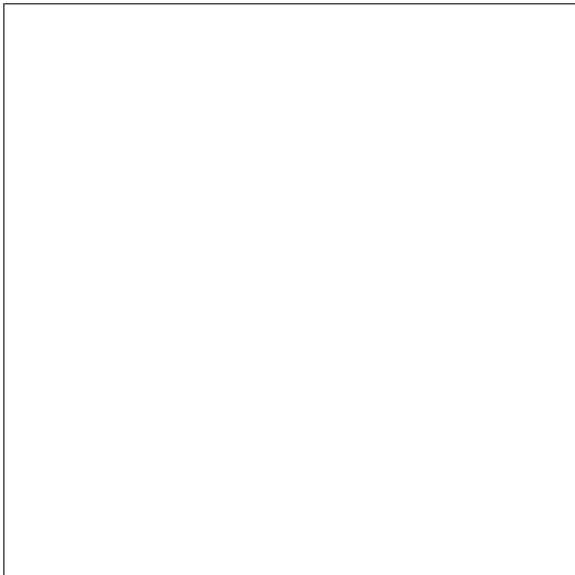
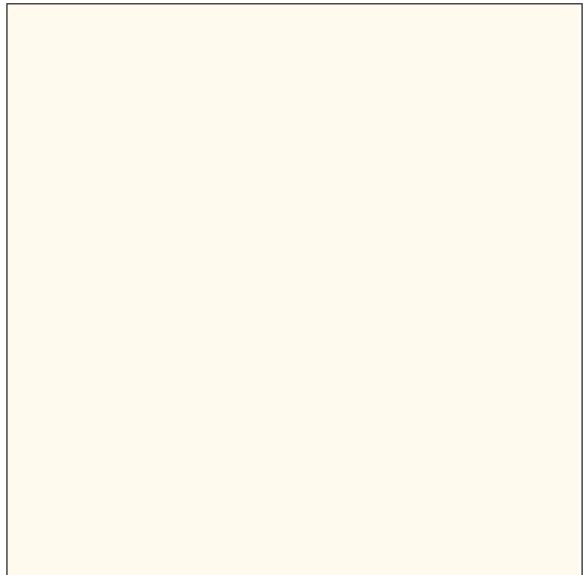
Action steps to
achieve mini goal
2

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Action steps to
achieve mini goal
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Brainstorm Worksheet

A large, empty rectangular box with a light yellow background, intended for brainstorming ideas.A large, empty rectangular box with a white background, intended for brainstorming ideas.A large, empty rectangular box with a white background, intended for brainstorming ideas.A large, empty rectangular box with a light yellow background, intended for brainstorming ideas.

Notes

What's next?

Congratulations on your new furry family member!

Your next step is to achieve cat happiness through proper enrichment, healthy food, and lots of playtime.

I created a special Mewsletter Hub for all of my newsletter subscribers to achieve their cat happiness goals.

WHAT YOU WILL ACHIEVE

- A cat-friendly setup that makes your cat feel safe, comfortable, and right at home
- An active, fully enriched, happy cat that forms a strong bond with you
- A clean litter box setup that prevents health and behavior issues

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