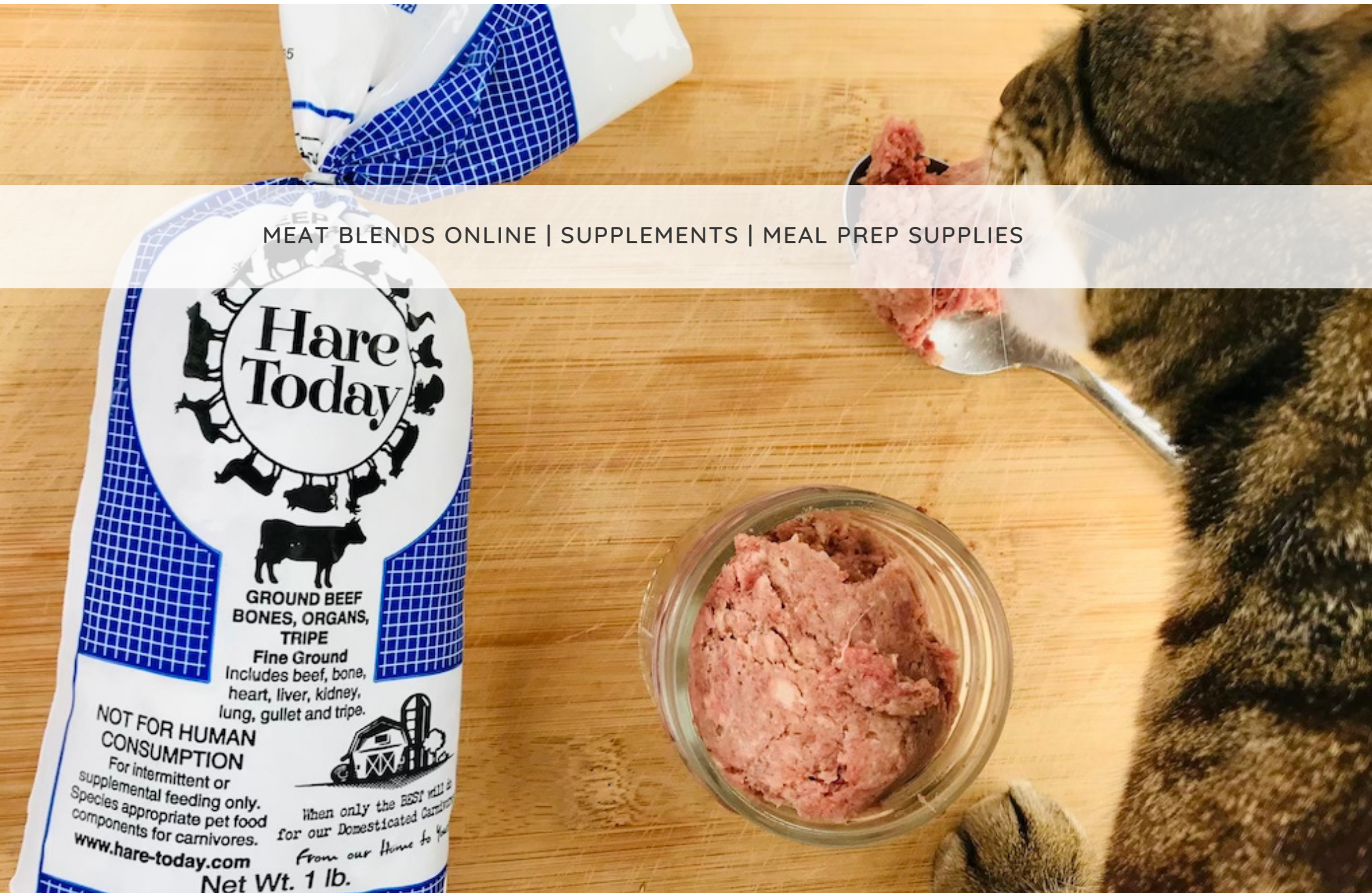


easy homemade

MEAT BLENDS ONLINE | SUPPLEMENTS | MEAL PREP SUPPLIES



An important note from Jess

Hey friends! Thank you for taking the time to learn about homemade cat food!

Disclaimer: Cats are sensitive to changes. Take baby steps whenever you introduce anything new to your cat's diet.

Please always remember that you (and only you) are responsible for your cat. Use [my transition plan](#) whenever you introduce new food to your cat's diet.

Additionally, this PDF contains affiliate links to the mentioned products. That means, if you click through and make a purchase, I earn a small commission on that sale.

Companies do not pay me to put their products on these PDFs. I've also included links to my website and YouTube guides for more details.

Red, underlined text are clickable links.



Hare Today Meat, Bone, Organs grinds

I've been a customer of Hare Today since 2019. Jericho loves everything that I get from them. Hare Today has a wide variety of protein options, frozen and freeze-dried grinds, whole chunks of meat, raw meaty bones, whole prey, supplements, and so much more.

Hare Today is extremely transparent with all of their products. From their website: All poultry and exotics are USDA inspected, Fish is USDA and/or FDA inspected. Pork, llama, sheep, alpaca, beef, goat and rabbits are sourced from other local farmers, most but not all, are from Amish farms and processed in a licensed state facility.

They made it on Susan Thixton's 2023 list. And have a [pet food pledge](#) of quality and origin of their products.

Hare Today does not sell complete cat food. Their PMR grinds (frozen and freeze-dried) require supplements, and you can buy those supplements on Hare Today.

You can also use their raw feeding ratio calculator if you'd like to do a PMR ratio diet with their whole chunks of meat, bones, and organs. Then take that to a diet formulation software and create your own supplement mix.



Hare Today's grinds (frozen and freeze-dried) supplements:

1) Alnutrin

2) Fish oil at mealtime

Buy everything from Hare Today. Create an account and earn discount points!

There are 2 Alnutrin supplements.

1) Alnutrin for bone in meat grinds requires meats, bones, and organs grinds.

2) Alnutrin +calcium requires boneless meat and ground organ mix with liver.

Add fish oil supplements fresh at mealtime.
Follow the instructions on the bottle.

Hare Today sells all of the products that you need. Please read the listings of each product before you purchase.

Both Alnutrin pages on Hare Today are very specific with directions and recipes. Please follow those directions.



Meal prep essentials



1 Food mat

I like to use a food-grade silicone mat for meal prepping and feeding Jericho. Put the mat on your kitchen counter and then put prep supplies on top. This keeps your counter sanitary and makes cleanup really easy.

2 Digital food scale

You will have to use a digital food scale to weigh out your cat's meal portions. I weigh daily portions and then split them between two containers for storage. The food scale I have also weighs up to 12 pounds. So I use this to weigh Jericho weekly as well.

3 Shallow plate

You'll still need a plate even if you feed your cat on a mat. Use the plate to weigh your cat's portions. Stainless steel, glass, and ceramic are best. Shallow is easiest to use and what your cat prefers (if you choose to feed from a dish).

4 Freezer-friendly jars

Freezer-friendly jars, containers, etc. are best to prevent freezer burn. Cats are finicky about freshness. Again, glass is better than plastic. I bought containers at my local grocery store. But you can buy them online as well. Just check the ounce size before you buy.

Shop from my Amazon meal prep lists:

[US](#), [CA](#), [UK](#).

ADDITIONALS

I also use nitrile gloves since I'm chopping up whole prey and chicken wings. I buy these at my local grocery store. Make sure they are powder free and food-grade.

HOW I MEAL PREP

I meal prep Jericho's food once weekly. I weigh daily portions and then split them into two containers. [Watch this video](#) to see how I meal prep and get storage tips as well.

Check out my guides for more details on: [how much to feed](#), [how often to feed](#), and [how to start feeding homemade](#). These videos answer all of your FAQ.